



Parents Information Booklet

A DAY IN THE LIFE OF OUR PRE-SCHOOLERS

A JOLLY GOOD MORNING TO YOU ALL
ARRIVAL FROM 07H15 TO 08H30

FREE PLAY INDOORS/OUTDOORS

The children are free to choose from a variety of activities: construction toys, educational games, dress up box, puzzles, play dough, books OR scooters, jungle gym, trampoline etc

WORK/STRUCTURED PLAY BEGINS
08h30 to 09h30

Various assessments & cognitive skills work that encourages concentration to complete set tasks

Supervised play includes: "Follow my leader", obstacle courses, ball sports, trampoline games etc

CARPET TIME
9h30 to 9h50

Regroup & discuss theme for week
Nursery rhymes & sing-song time

WASH UP, TOILET TIME THEN SNACK TIME – YUM, YUM IN MY TUM
10h00 – 10h30

LET'S PLAY
10h30 – 11h00

Outdoors we climb, slide, swing & run
Build sand castles, splash water and have plenty of fun!

ART & CRAFT TIME
11h00 – 11h50

An art/craft activity usually theme related to take home to show all

CLEAN UP, STORY TIME and THEN BACK HOME WE GO
11h50 to 12h15

Thank you for spending the day with us, can't wait to see you again tomorrow!!!

LUNCH, REST AND PLAY
12h30 ONWARDS

The owners

Debbie Coombes is a qualified teacher with a Higher Diploma in Education (4 yrs) from Johannesburg College of Education, specialising in Junior Primary education. Her past teaching experience includes:

5 years of teaching in Johannesburg at a local primary school, as well as more recently doing various locums at Laddsworth Primary, Cordwalles & Hilton Pre-Primary.

She has a daughter, Tessa, who is currently at Laddsworth Primary, and a son, Jason, who is currently at Maritzburg College.

“ It was always a dream of mine to one day be able to open my own school and apply the best learned methods of teaching to gain the best potential from each individual child.”

Angelique Muggleton (Angie) completed her Higher Diploma in Education at Edgewood College of Education and has taught at various schools including:

The Little School – Mbabane, Swaziland
Northlands Girls High School – Durban North
ABC Academy – Lilongwe, Malawi and Hilton College.

She has 3 sons Jamie, Will and Matt and homeschooled her older sons while they lived on their farm in Malawi.

She is a dedicated teacher with plenty of experience and loads of ideas to make Hilltops a fun and unique educational experience for your children.

WHAT YOUR CHILD NEEDS TO BRING TO SCHOOL

- 1.A CHANGE OF CLOTHING (OR A FEW) TO SCHOOL EVERY DAY –**
It is advisable to leave a spare set of old clothes in a plastic bag in your child's school bag permanently, to make sure it is not forgotten. These clothes will only be used in the event of an "accident" and please remember that "accidents" can happen across the age spectrum.
- 2. A LUNCH BOX WITH A SANDWICH, PIECE OF FRUIT AND FRESH FRUIT JUICE OR WATER -** Please label your child's lunch box & bottle/s **clearly** and do not send any sweets, crisps, or junk food to school.
- 3.A HAT FOR OUTDOOR ACTIVITIES –** Please ensure your child brings a hat to school, clearly labelled and to be left at school. This rule is strictly enforced no hat=no outside activities!
- 4.PLEASE GIVE ALL MEDICATION DIRECTLY TO THE TEACHER CONCERNED, CLEARLY LABELLED**
- 5.PLEASE, PLEASE, PLEASE MARK ALL YOUR CHILD'S BELONGINGS – WE ARE NOT RESPONSIBLE FOR YOUR CHILD'S CLOTHING OR BELONGINGS.**
- 6.NO TOYS ARE TO BE BROUGHT TO SCHOOL.**
- 7.WE BELIEVE THAT CHILDREN NEED TO BE OUTSIDE AND GET AS MUCH FRESH AIR AS POSSIBLE, IN THE EVENT OF RAIN CHILDREN WILL STILL GET TO PLAY OUTSIDE PROVIDED THEY HAVE RAINCOATS AND GUMBOOTS.**
- 8.IF CHILDREN ARE STAYING FOR AFTERCARE PLEASE PROVIDE A SEPARATE LUNCH BOX CLEARLY LABELLED.**
- 9.NB TODDLER GROUP (IF CHILD IS NOT POTTY TRAINED) PLEASE PACK AT LEAST 5 NAPPIES WITH A CHANGE OF CLOTHES, WETWIPES & BUM BARRIER CRÈME IN A SEPARATE BAG TO BE STORED IN THE CHANGING ROOM.**
- 10.PLEASE NOTE: NO CHILD WILL BE ALLOWED TO GO HOME WITH ANYONE OTHER THAN THEIR PARENTS, WITHOUT WRITTEN PERMISSION FROM THEIR PARENTS.**

We strive:

- To create a happy, healthy, stable and safe environment for children.
- To develop the *whole* child as a unique individual: socially, emotionally, physically, and intellectually, teaching them to be both independent and accommodating of others.
- To offer activities which allow a child to exercise his/her own choice, but also to learn to follow adult direction and respect adult supervision.
- To encourage children to enjoy and experience each learning activity.
- To develop fine and gross motor skills, keen sensory perception and skills of reasoning and logic, according to age.
- To follow a carefully planned programme of learning experiences which progressively expose the child to the skills required for formal learning in Grade 1.